

Created by: Debra C. Argen

## The Restaurant Mathias Dahlgren Recipes - Stockholm, Sweden

[The Restaurant Mathias Dahlgren](#) at the legendary [Grand Hotel Stockholm](#) in [Sweden](#) opened in May 2007 and has already received one Michelin star and "rising star for two" the highest award a new restaurant can achieve, in March 2008.



Chef Mathias Dahlgren takes time to share his culinary vision as well as his creative recipes for a tempting three-course menu.

I was in Stockholm in May 2008 and had the pleasure of meeting with Chef Mathias Dahlgren after having lunch at his restaurant. Located in what was once was a private home of four apartments with 16 rooms each and is now a listed building, the restaurant had limitations when it came to design. Unable to knock down walls, instead of creating one restaurant, he decided to create two restaurants, which gave birth to the casual Matbaren, and the more formal gourmet restaurant Matsalen. Chef Mathias describes the concept as "one face with two different profiles." Matbaren has more classic presentations in a contemporary environment and Matsalen has more contemporary presentations in a classic environment, although make no mistake, both restaurants are pure Mathias Dahlgren.



Before opening the restaurants at the Grand Hotel Stockholm, he was the Chef and Owner of the Michelin-star restaurant, Bon Lloc, which he and his wife ran for 10 years. He has seen the evolution of the Stockholm culinary scene for the last 20 years working as a chef, and described Sweden as having a long food culture and a short restaurant culture. In the last 10 years more people are eating at better restaurants and prefer tasting menus. As for himself, he prefers a three-course menu and a bottle of wine, to avoid what he called "the next day tasting menu hangover" from having too many ingredients and combinations.

What is next for Chef Mathias Dahlgren? After spending the past year on getting the restaurants up and running, he would love to do a cookbook, perhaps later this year.

[The Menu](#)

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Tartar made of Salmon, Cucumber, Apples and Horseradish

Well Hanged Swedish Beefsteak, Artichoke Vinaigrette

Baked Chocolate, Cream Cheese Sorbet, Hazelnut and Toffee Paste



### **Tartar made of Salmon, Cucumber, Apples and Horseradish**

Recipe for 4 persons

#### Salmon Ingredients:

200

Grams (7 ounces)

Salmon

1

Liter (33.8 ounces)

Brine (10% salt)

2

Green Apples

1

Cucumber

Method: Cure the salmon in the brine for 12 hours, then wash it lightly in cold water.

Cut in small cubes. Cut apple and cucumber the same way.

#### Horseradish Cream Ingredients:

1

DI (3.3 ounces)

Sour Cream

1

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DI (3.3 ounces)

Mayonnaise

Horseradish

Salt and Pepper

Method: Combine all the ingredients and flavor with salt and pepper.

Rye Bread Croutons Ingredients:

Method: Slice rye bread thin, put on non-stick baking sheet, bake in oven at 150 °C (300°F) for about 20 minutes.

Mustard Dressing Ingredients:

2

Tablespoons

Dijon Mustard

1

Tablespoon

Water

1

Tablespoon

Neutral Oil

Method: Whip the mustard and water, slowly add the oil.

Remaining Ingredients:

Sea Trout Roe

Chives

Dill

To serve: Put horseradish cream on a plate, arrange salmon, cucumber, and apple on top. Finish it off with mustard dressing and trout roe. Garnish with dill and chives. Serve with rye bread croutons.

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### **Well Hanged Swedish Beefsteak, Artichoke Vinaigrette**

Recipe for 4 Persons

#### Beef Ingredients:

1.5

Kg (3.3 pounds)

Beefsteak rack

Salt, Pepper

Method: Rub the steak in salt and pepper, grill on high heat in a pan. Put in oven at 130 °C (265 °F) until the center of the steak is 40 °C (104 °F). Take it out of the oven and let rest, the meat will then slowly rise in temperature to about 50 °C (125 °F).

#### Artichoke Vinaigrette Ingredients:

2

Large artichokes

Olive Oil, White Wine Vinegar

Salt and Pepper

Method: Peel the artichokes and boil in salted water and vinegar until they are soft. Mix in a blender with some of the cooking juices, flavor with olive oil and some more vinegar. Mix until smooth puree, season with salt and pepper.

#### Fried Artichokes Ingredients:

6

Large artichokes

Olive Oil

Salt and Pepper

Method: Peel the artichokes, slice thin on a mandolin. Fry in some olive oil until golden brown, season with salt and pepper.

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To serve: Cut the meat off the bone and slice it thin. Put the meat on a plate, serve with artichoke vinaigrette and fried artichoke.



### **Baked Chocolate, Cream Cheese Sorbet, Hazelnut and Toffee Paste**

Recipe for 4 Persons

#### Chocolate Ingredients:

65

Grams (2.3 ounces)

Dark chocolate

65

Grams (2.3 ounces)

Butter

70

Grams (2.5 ounces)

Egg

50

Grams (1.7 ounces)

Icing Sugar

8

Grams (1.5 teaspoons)

Cocoa

35

Grams (2 tablespoons, heaping)

Wheat Flour

Method: Melt butter and chocolate, whip egg and icing sugar, pour chocolate mixture in with the egg and

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sugar, fold in the rest of the ingredients, put in a piping bag. Measure about 60 grams (2 ounces) per person.

Remaining Ingredients:

Steel rings

Butter

Caramelized Cacao Beans

Method: Butter the inside of the steel rings and cover with chopped caramelized cacao beans, fill the rings with the soft chocolate paste (above), bake in oven at 190 °C, (375 °F) for about 8 minutes.

Cream Cheese Sorbet Ingredients:

150

Grams (5.3 ounces)

Sour Cream

80

Grams (2.8 ounces)

Cream Cheese

100

Grams (3.5 ounces)

Sugar

135

Grams (4.7 ounces)

Milk

40

Grams (1.4 ounces)

Whipping Cream

0.5

Gelatin leaf (soaked in water)

Method: Boil half of the milk with the sugar, add gelatin and dissolve, mix with other ingredients and process in ice cream machine.

Hazelnut and Toffee Paste Ingredients:

1

Can

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Condensed Milk

Praline Paste

Whipping Cream

Method: Put the unopened can in a pot, cover with water, boil for about 4 hours, rinse the can in cold water and open. Mix with praline paste and a little bit of the whipping cream for slightly runny consistency.

Caramelized Nuts Ingredients:

200

Grams (7 ounces)

Sugar

100

Grams (3.5 ounces)

Butter

100

Grams (3.5 ounces)

Hazelnuts

100

Grams (3.5 ounces)

Almonds

Method: Roast the nuts in the oven. Boil a caramel of sugar and butter. Fold in the warm nuts in the warm caramel and spread on a non-stick sheet, let cool at room temperature. Chop roughly with a knife.

To serve: Bake the chocolate as described above. Put on a plate and remove the steel ring. Serve with the cream cheese sorbet, hazelnut and toffee paste, and caramelized nuts.

Read other articles on **The Restaurant Mathias Dahlgren** and the **Grand Hotel Stockholm** in the **Hotels and Resorts**, **Restaurants**, and **Chefs' Recipes** (in **Swedish**) sections.



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