

Created by: Edward F. Nesta

## Stanley Abernathy - It Ain't Easy Bein' Me

[Stanley Abernathy - It Ain't Easy Bein' Me](#) is a reflection of the times, traveling, and personal beliefs, each of which has shaped the music and the person behind Stanley Abernathy. The release is a little bit of blues, a little bit of jazz, and a whole lot of Stanley's horns.



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**It Ain't Easy Bein' Me:** *Pictures, Hordias Podock; Love You More; One I'm Sorry Too Many; Istanbul; And Then There's You; It Ain't Easy, Bein' Me; I Belong To You*

**Personnel:** Stanley Abernathy: Flugelhorn, Trumpet, Keyboards; Carl Stuart: Guitar; John Saunders: Keyboards, Programming; Tamala Vaughan: Vocals; Michael Jordon: Additional Keys

**It Ain't Easy Bein' Me**, released on the [Endys Alyad Music](#) label, is the second solo release by the well-traveled songwriter and musician Stanley Abernathy. Stanley is well-known as the lead trumpet for the legendary B. B. King and as such, he has seen the world so many times he has lost track, and his vast travels and influences has shaped the release **It Ain't Easy Bein' Me**. To read a review of Stanley's first release, see the [Music Scene](#) section for [Stanley Abernathy - Only When I Think of You](#).

Always putting the other person first, Stanley truly believes that it is better to give than to receive, and he gave his all while pouring his soul into the songs on **It Ain't Easy Bein' Me**. Stanley's father taught him to respect and always look to obtain a balance in life, and Stanley achieved his balance producing **It Ain't Easy Bein' Me**. The release opens with the track *Pictures*, an easy listening jazz track that set the musical symmetry for the entire release.

The track *Hordias Podock* pushes the tempo and opens up the lines of music between the guitar work of Carl Stuart and the keyboards and percussion programming of John Saunders; an infectious track that rings with a silky sound. The track *Love You More* carries blues overtones from Stanley's flugelhorn and it brings an emotional element to the audience.

*One I'm Sorry Too Many* is a soft melodic track that rides on the superb horns (trumpet and flugelhorn) complemented by a programmed rhythmic bass beat holding the line; easy listening but with a kick. The track *Istanbul* is a short mystical arrangement. *And Then There's You* is a song that will grab you from the first set of flugelhorn notes, there is a magical balance rendered from this dramatic arrangement.

The title track *It Ain't Easy Bein' Me* builds from the opening horn section and layers in the vocals of Tamala Vaughan with a metrical baseline formed from the keyboards and programming; just like Stanley, a bit

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complex, a bit mystical, but always with a sense of stability. The release closes with the track *I Belong To You*, a straight ahead easy listening "love" song that in Stanley's hands, and through his lips, is heartrending.

Websites where you can procure **Stanley Abernathy - It Ain't Easy Being Me** are [CD Baby](#), [CD Universe](#), [JPC](#), [CDON](#), and [Amazon](#).

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